

# Breakfast Cereal Homogenization Using the Bullet Blender

RS18-0238C.HCER

## Materials

- [Bullet Blender](#)® for 50 mL tubes
- Homogenization Buffer
- [FoamBlocker](#) (Optional)
- [Lysis Beads](#)
  - 4.8 mm Stainless Steel Beads in HIPPO tubes
- Sample — up to 3500 mg

Table 1. Proper sample, bead and buffer volume ratios for 50 mL tubes.

| Beads                        | Sample Volume | Bead Volume | Buffer Volume |
|------------------------------|---------------|-------------|---------------|
| 4.8 mm Stainless Steel Beads | Up to 3500 mg | 10 - 20 mL  | Up to 20 mL   |

## Procedure

1. Prepare a tube with the recommended volume of beads from the table above.
2. Add the appropriate volume of buffer according to the table above
3. Prepare the sample and then transfer it into the buffer-filled tubes.
4. (Optional) To avoid excess foaming, add FoamBlocker up to 1-2% of the total volume of the homogenization buffer.
5. Close the tubes tightly and place into the Bullet Blender sample chamber. If using the Gold or Gold<sup>+</sup> models, pre-cool the chamber before adding sample tubes.
6. Set the controls to speed 8, time 10 minutes then press Start.
7. After the run, remove the tubes from the instrument and visually inspect the samples. If homogenization is incomplete, homogenize for an additional 30 seconds, or repeat the homogenization step with a higher speed.
8. Using a pipette, transfer the homogenized samples into new tubes.
9. Proceed with downstream application.

### Notes

This protocol does not specify a particular buffer – choose a buffer that is most appropriate for the downstream application.

The provided homogenization conditions serve as a general guideline. Homogenization times, speeds, or beads may need to be optimized based on sample characteristics and desired outcomes.